


# CHANGING HABITS for HABITATS DURING the MONTH of MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Visit us for updates at our blog by scanning our QR code, or by visiting: <a href="http://coyotes-changing-the-world.weebly.com/">http://coyotes-changing-the-world.weebly.com/</a>						1 Don't allow your car to idle.
					2 Set up a carpool.	3 Walk to one place you would normally drive to.
4 We will post a new environmental cause to our blog every Sunday.	5 Take 5min off your normal shower time.	6 Start collecting rainwater for watering plants.	7 Fix dripping faucets.	8 Fill the washing machine completely.	9 Turn off the water while brushing your teeth.	10 Use a reusable water bottle.
11	12 Donate one piece of clothing you don't wear anymore to a resale shop.	13 Use the blank side of scrap paper for printing.	14 Start using reusable containers for leftovers.	15 Use rags instead of paper towels.	16 Buy rechargeable batteries.	17 Set up a compost pile or bin for vegetable scraps.
18	19 Turn off lights when you leave a room.	20 Unplug electronics when not in use.	21 Turn down your thermostat when you are not going to be home.	22 Don't overcharge your phones, iPods, or other devices.	23 Change one light bulb to an energy efficient bulb.	24 Get a quote for insulating your attic.
25	26 Go out side for at least 10min.	27 Reuse plastic food bags.	28 Use cloth bags at the grocery store.	29 Pack your own lunch using reusable containers.	30 Start growing a houseplant.	31 Make a local dinner.